## **DAILY Warm Up**

Using a mirror is HIGHLY recommended

1. Long Tone (on reed alone)

slowly

Try to keep the pitch steady.

1 2 3 4 5 4 3 2 1 super quiet loud quiet

Always be aware of your breathing and air support. Make sure all breaths go in through the **mouth** (not the nose) and into the **stomach** (not the shoulders).

2. Reed Siren (on reed alone)

some lip

should

always be

visible.

Don't push your jaw

**forward!**Overbite is

better than underbite

for oboe.

normal note—low note—normal note

Push corners forward for low note, pull them back VERY slightly to go back to the higher note.

DON'T BITE! Your

DON'T TAKE IN TOO MUCH REED! A fair amount of the cane part should always be visible.

3. Tonguing (start on reed alone)

Tongue slowly and smoothly.

-The tip of the tongue should touch the tip of the reed, gently.

teeth should be far away, and should not be involved at all. Let your air and lips do the work.

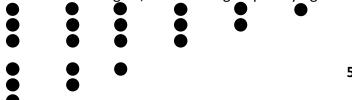
-Be careful not to tongue harshly, or to move your

tongue too slowly or too far away from the reed. A small motion works best.

-Keep the air support and tone strong and consistent—don't let your air support change
just because your tongue is moving.

-Be careful that your jaw/chin doesn't move during this exercise.

**4. Play 6 notes on the oboe**: D-E-F#-G-A-B (if this is too hard, do them backwards instead) Watch for curved fingers, with the fingertips staying on or near the keys.



5. Hold low D